

Sound, Light and YOU!

By: Gail Lynn

Energy Genesis technology offers unique relaxation and energy healing, users say

Chronic stress is more of a problem in today's world that we think. It's slowly killing us. We are like the proverbial frog in the pan of water and the water is getting hotter and hotter. We don't even notice until it's boiling and...well, you know the end.

In a world of so much stress how do we find peace and quiet? Some meditate, some take a hike in the mountains, and some come to use Energy Genesis to bask in a unique blend of light, sound, frequency and vibration to gently come back into balance in an unbalanced world.

Sound and Light therapy has been around for thousands of year. The ancient Egyptians, Greeks, Tibetans and Mayans understood the healing properties of sound, the light spectrum and vibrational harmonics. It's non-invasive, requires no pills or needles, and is very safe and effective.

"If colors are vibrations of spiritual force, they should be able to help in healing our deepest and most subtle maladies. Together with music, which is a kindred spiritual force, they form a great therapy of the future." ~Edgar Cayce

Barry McNew is credited with developing a technology called Life Vessel in 1997. He worked with scientists and physicians to discover that the device takes the body to a level below the level of consciousness at an awoken state. He monitored client's brainwaves and saw that the levels were going into a delta / theta state (deep relaxation / deep sleep) where the body knows how to heal itself, de-stress, detox

and relax. In reviewing sleep studies he found that most people never reach REM sleep in their natural sleep patterns and therefore are not utilizing the body's innate ability to heal itself as we are designed to do. The Life Vessel tricks the body into reaching these levels and activate the body's innate ability to heal while using the technology.

In 2014, Barry McNew invented "Energy Genesis". This technology still uses sound and light, but is more advanced. He uses a completely different configuration of sound and light and works at a core level instead of peeling back the onion to get to the core. One naturopathic doctor reported, "...there is a definitive difference in this new technology."

The Mayo Clinic put out an article entitled; *Relaxation techniques can reduce stress symptoms and help you enjoy a better quality of life, especially if you have an illness.* It states, "*Relaxation techniques can help you cope with everyday stress and with stress related to various health problems, such as cancer and pain.*" They go on to state, "*Practicing relaxation techniques can reduce stress symptoms by: Lowering blood pressure, reducing muscle tension and chronic pain, improving concentration, reducing anger and frustration, boosting confidence to handle problems.*" It should not come as a surprise to anyone that living with stress day in and day out is not healthy.

Clients use Energy Genesis for a number of reasons, including to have clarity / focus, to assist with physical therapy and injury recovery, as a tool for stress and inflammation reduction, for chronic pain management, and to help detox the body.

We are working to turn off the activity of the genes that cause disease and turn on the activity of the genes that fight

disease. Once this happens, the rest can be done by the body. Simply, we trigger the body mechanisms to do the job of fighting disease on its own. We are not damaging the structure of the body with the sessions. We are influencing the body to do what it is innately born to do!

“The pain has been so low, barely a 1. When was my last single session, 3 weeks ago?! I used my pain lotion twice since then. No longer a 2x daily need. I have only used it 2 times in 3 weeks. I can still over do things in a day, so I have to watch my activity. But I can tell my autonomic nervous system is finally learning how to stop reacting to perceived trauma. So exciting!” ~Jody, Denver, CO

Life Center owner Gail Lynn tried the Life Vessel technology in Arizona and was amazed by the experience, so she decided to open a center in Westminster, Colorado. She now has two Energy Genesis units in operation at the center and still uses Life Vessel as well.

“I am so thankful to have had the session before my meeting in the afternoon. For whatever reason the session put me in a “place” where I saw and communicated on not just one but several “wave lengths” or “levels” that I was able to synthesize verbally. I could ‘see’ more clearly somehow...”
~Dorothy, Boulder, CO

The staff controls the settings from inside the room and is able to adjust the sound and light to the client’s energy. The units are roomy and there is even an application for two people to do the sessions together in Energy Genesis. Each session is approximately 45 minutes. The client’s only job is only to release and let go!

Life Center’s clientele is a very diverse group of ages and backgrounds, says

Gail Lynn, and the center averages anywhere from eight to ten clients a day. Clients have come from more than forty U.S. states and 6 countries just to experience the technology for the three consecutive days that are deemed as the protocol. *“We really have not done any marketing or advertising. It’s mostly word of mouth”*, says Gail Lynn.

“I feel fantastic, I am still trying to put words to the experience. It’s like the session balanced me from the core of what/who I am and then trickles out to the emotional and physical bodies. It was so amazing!” ~Rachel, Longmont, CO

Energy healing is the most natural form of healing. It’s all about balance. As energy begins to flow it can reverse any conditions of unbalance in a perfect rhythm. It never goes against your will, or is forced. The flow of energy works as you are in agreement to receive it, whether it is at a conscious or unconscious level.

To learn more about what you might experience, benefits and side effects, visit us at <http://www.lifecenter.us>.