

REMOTE/VIRTUAL PROTOCOL FOR CLIENTS / PETS / PROPERTY

Remote / Distance Harmonic Egg sessions...Although there is more power to being physically in the Harmonic Egg, in a pinch or when you can't access the Egg this is very powerful healing.

What we need from you after making your appointment for a Remote / Distance Harmonic Egg session:

1. A photo of you. Should include the waist up.
2. Your birthdate and full birth name.
3. A 10-15 minute phone call, or an email from you to find out what you want to focus on for your session.
4. Your commitment to follow guidelines and protocol to get the most of your remote / distance session. See more below AFTER YOUR SESSION.

What we do for your session:

1. We hold the space for your intention / healing, based on our phone call/your email. We put your photo and information into the Egg during your scheduled appointment time.
2. YOU commit to being in a safe, quiet place during that time to lie or sit for 50 minutes holding the space for your own healing and intention that was set.
3. We follow up with you the following day to see if you have any questions. You are welcome to contact us to share any feedback about your session or ask questions prior to our follow up call / email.
4. Remote sessions are paid for in advance.

AFTER YOUR SESSION:

1. Drink plenty of water to flush and help with detoxing and resetting the body.
2. Be gentle with yourself for at least 48 hours. The best you can.
3. Eat a good diet for a few days...lighter portions and more fruits and veggies...avoid heavy meals and cream sauces, fried foods and too much refined sugar.

What you can do outside of your Harmonic Egg sessions (this includes those that enter physically or remotely):

1. You can purchase Harmonic Egg music to help anchor in sessions. The music is very peaceful, calming, meditative and can be played for pets as well. Children also are meditating with parents to this music.
2. We have electrolytes available for purchase as well. Electrolytes are a key supplement for the integration of sessions. Healing sessions help the body detox emotionally, environmentally and more. Electrolytes support the detoxing process; therefore, they are depleted when the body is healing and need to be replenished.
3. Purchase a copy of *Unlocking the Ancient Secrets to Healing* to read more about sound and light therapies. The book also includes testimonials and interviews from doctors and musicians. Plus, things you can do at home to work with color and sound.

FOR PETS:

1. We hold the space for your intention / healing for your pet, based on our phone call with you, while we put their photo and information into the Egg during your scheduled appointment time.
2. YOU commit to being with them in a safe, quiet place during that time to lie or sit for 50 minutes holding the space for their healing and intention that was set.
3. We follow up with you the following day to see if you have any questions. You are welcome to contact us to share any feedback about the session or ask questions prior to our follow up call.

FOR HOME, LAND or BUSINESS:

1. We follow the same protocol for clearing your home, your land or your business.
2. We need your intention for the session. What are the issues that you are dealing with and want to remedy.
3. We need an image of your space with physical address.
4. We need the name of your business.
5. Approximate date that you purchased or acquired your home, land or started your business.